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University of Malaya, Malaysia, 63 pagesKeeping Your Balance | (Free Printable Workbook) Source: Centre for Clinical InterventionsLet¢ÂÂÂs Talk Low Mood: A Self-Help Guide | (Booklet) Source: 2gether NHS Foundation Trust, 22 pagesLiving Successfully with Mood Disorder: My Living Successfully Plan | Source: Depression and Bipolar Support Alliance, 12 pagesMove Yourself Out of Depression: Behavioural Activation | Source: Flinders University, 45 pages (2017) Overcoming Depression: 44 Therapeutic Activities to Bring Happiness and Fulfillment Back into Your Life | Source: Between Sessions Resources, 113 pages (2017) Overcoming Depression Series Workbook 1: Understanding Depression | Source: Dr. Chris Williams, 40 pagesOvercoming Depression Series Workbook 2: Practical Problem Solving | Source: Dr. Chris Williams, 19 pagesPractice Guideline for the Treatment of Patients With Bipolar Disorder, 2nd Edition | Source: APA, 82 pages (2002) Practice Guideline for the Treatment of Patients With 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neviv euq serejum ed sopurg noc rajabart arap rodatilicaf nu ed Â ed aÃuG :n³Ãiserped al rartsinimdAsanigiÃp 75 ,ozneimoc rojeM :etneuF | iÃlla siÃm y otrap led s©Ãupsed ,ozarabme le etnarud n³Ãiserped noc neviv euq serejum arap aduyaotua ed sedadilibah ed osrucer nU :n³Ãiserped al rajenaM)6102( sanigiÃp 86 ,tsurT noitadnuoF SHN rehteg2 :etneuF )otiutarG elbimirpmI ojabarT ed orbiL( | ©Ãbeb nu renet ed s©Ãupsed o ozarabme le etnarud n³Ãiserped al y dadeisna al ralortnoc arap aduyaotua ed orbil nU :©Ãbeb nu noc adiv ut ed lortnoc le ranaGsanigiÃp 83 ,anretaM latneM dulaS al rop aznailA :etneuF | latansop n³Ãiserped al arap aduyaotua ed orbil nU :©Ãbeb nu renet ed s©Ãupsed adiv us ed lortnoc le renetbOsanigiÃp 811 ,saicnatsuS ed osU y latneM dulaS ed soicivreS CB :etneuF | serejum arap avitingoc aiparet ne adasab n³Ãitsegotua ed aÃuG :otrap led s©Ãupsed y ozarabme le etnarud n³Ãiserped al ratnorfAsanigiÃp 871 ,saicnatsuS ed osU y latneM dulaS ed soicivreS CB :etneuF | n³Ãicneta ed 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